

Be Legendary.™

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

	Date	Morning Temperature	Fever-reducing Medication (e.g., Tylenol) Y or N	Evening Temperature	Fever-reducing Medication (e.g., Tylenol) Y or N	Temperature (100.4°F or higher) Y^ or N	2019 Novel Coronavirus symptoms (cough or shortness of breath)	other symptoms* Y or N	specify other symptoms
Day 1									
Day 2									
Day 3									
Day 4									
Day 5									
Day 6									
Day 7									
Day 8									
Day 9									
Day 10									
Day 11									
Day 12									
Day 13									
Day 14									

^If YES call the North Dakota Department of Health (NDDoH) at 800-472-2180 or 701-328-2378 immediately

\*other symptoms may include sore throat, chills, body aches, headache, diarrhea, nausea/vomiting, and runny nose.

Call the NDDoH immediately to discuss if other symptoms do develop.